



## INFORMED CONSENT FOR NASAL SPRAY FLU VACCINE IN SCHOOLS

### ● Vaccination against INFANT INFLUENZA:

Influenza (Flu) can be a major health problem in children under five. It leads to many Primary Care (GP) visits and hospital admissions, sometimes with serious conditions. The vaccine is given as a single dose. More information: <https://www.andavac.es/vacunacion-antigripal-de-la-poblacion-infantil/>

**Before you sign this consent form, read the information on the reverse:**

- Why it is important for children up to five years to be vaccinated against influenza
- Who should get the flu vaccine at school
- Contraindications for the nasal spray vaccine
- Risks with the nasal spray vaccine
- What to do in case of any of these reactions
- Why influenza vaccination is done at school
- Where to get more information

### ● QUESTIONNAIRE (to be completed by parent or guardian).

School: \_\_\_\_\_ Year (*curso*) and group: \_\_\_\_\_

First and last name: \_\_\_\_\_

Date of birth: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Sex :  Male  Female

Place of birth: \_\_\_\_\_ Telephone number of parent or guardian: \_\_\_\_\_

Is your child allergic to any medicines?  Yes  No If yes: To what? \_\_\_\_\_

Does your child have problems with a weakened immune system or receiving immunosuppressant treatment?  Yes  No

If yes: What is the medication and the dose? \_\_\_\_\_

Is your child severely allergic to eggs?  Yes  No

**IMPORTANT:** Before we can proceed with the vaccination we must have your authorisation and signature. Please sign the form and send it to the school when they ask for it.

Tick the appropriate box if you consent to agree to your child's vaccination.

Mr. /Ms: \_\_\_\_\_ DNI: \_\_\_\_\_

Acting on behalf of and as parent or guardian of: \_\_\_\_\_

I would like my child to vaccinated with the nasal spray flu vaccine at school.

Yes  No

Students covered by a mutual insurance company and a private health care provider must provide an authorisation from the company (MUFACE, MUGEJU or ISFAS) to be eligible for the campaign.

SIGNATURE OF PARENT OR GUARDIAN

At \_\_\_\_\_ on \_\_\_\_ of \_\_\_\_\_ of 2024

#### SPACE FOR STAFF USE

Not vaccinated:  Contraindication  Refusal  Absence  Others

## INFORMATION ABOUT NASAL SPRAY FLU VACCINATION IN SCHOOLS FOR CHILDREN FROM 36 TO 59 MONTHS (3 TO 4 YEARS)

### ● Why it is important for children up to five years to be vaccinated against influenza

Prevention is essential for protecting children's health. Influenza (Flu) can be a major health problem in children under five. It leads to many Primary Care (GP) visits and hospital admissions, sometimes with serious conditions.

### ● Who should get the nasal spray flu vaccine at school?

Flu vaccination is recommended for all children from six months to five years. The nasal spray vaccine is suitable for children over two years. It is part of school programmes for children in the first and second year of pre-school education. In particular, children aged 36 to 59 months (3 and 4 years) are vaccinated against influenza in schools with the Fluenz nasal spray vaccine. [Technical details at this link.](#)

### ● Contraindications for the nasal spray flu vaccine

The nasal spray flu vaccine is not suitable for children with the following conditions:

- Severe allergies to eggs or egg products.
- Serious immune system problems, either congenital or caused by medical treatments.
- Prolonged treatment with salicylates, either oral or topical.
- Recent asthma attacks, especially in the three days before vaccination.

In such cases, the vaccine should be given intramuscularly (injected) at your usual clinic.

Also, the nasal spray vaccine is not recommended for children who are in contact with people with severely weakened immune systems, such as transplant recipients. However, it is crucial to vaccinate these children (with an injection) to avoid the risk of infecting the person with a weakened immune system.

### ● Side effects of the nasal spray flu vaccine

This vaccine is safe and has been used in many countries with good results. The most common reaction is nasal congestion, although there may be other symptoms such as loss of appetite or feeling tired. In case of fever or discomfort, give the child paracetamol.

### ● Why influenza vaccination is done at school

Easy access to vaccination is essential. Going to the health clinic during working hours is difficult for many families. Vaccinating at school is simpler. Experience in other countries has shown that school vaccination is an effective strategy. Also, the nasal spray administration of the vaccine is painless, so it is ideal for children.

### ● Where to get more information

For more details on the flu vaccination campaign for children in general and school nasal spray flu vaccination, consult:

- Andavac's web page on childhood influenza. <https://www.andavac.es/vacunacion-antigripal-de-la-poblacion-infantil/>
- Your doctor or health care staff.

