

INFORMED CONSENT FOR INTRANASAL INFLUENZA VACCINATION IN SCHOOLS

CHILDHOOD FLU vaccine:

The flu can be a major health problem among children under 5 years of age, causing a large number of primary health care visits as well as hospital admissions, some of which are serious. A single dose is administered. For more information see: <https://www.andavac.es/vacunacion-antigripal-de-la-poblacion-infantil/>

Before signing this consent form, we recommend that you read the information on the back of this document.

- Why is it important for children under 5 years old to have a flu vaccination?
- Who should get the flu vaccination?
- What are the contraindications for the intranasal vaccine?
- What are the risks of intranasal vaccination?
- What do you do if there is any reaction?
- Why is the vaccination given at school?
- Where can I get more information?

School: _____ Year and Group: _____
Full name: _____
Date of birth: Gender: Male/Female
Area (location): Parent's or guardian's phone number:

QUESTIONNAIRE (to be filled out by the parent or guardian)

Are they allergic to any medicines? YES / NO If yes: to what?

Do they have a weak immune system or are they taking any immunosuppressive treatments? YES / NO

If yes: what drug and dosage are they taking?

Do they have a severe allergy to eggs? YES / NO

IMPORTANT: Your authorisation and signature are required before the vaccination can be administered. Once you have signed this form, send it to the school when you are told to do so.

Check the appropriate box if you agree to your child's vaccination.

Mr/Ms..... ID document no.

Acting on their own behalf and as father/mother/guardian of

I want my child to be vaccinated with the intranasal flu vaccine at school.

☐ Yes ☐ No

If the student has coverage from a mutual society (MUFACE, MUGEJU or ISFAS) and its healthcare provider is private, please fill in the following fields:

MUTUAL INSURANCE MEMBER NUMBER: HEALTHCARE PROVIDER:

☐ Adeslas ☐ Asisa ☐ Nueva Mutua Sanitaria ☐ Other

Date:2026

SIGNATURE OF THE PARENT OR GUARDIAN

HEALTHCARE PERSONNEL USE ONLY

Not vaccinated: ☐ Contraindication ☐ Refusal ☐ Absence ☐ Other

INFORMATION ON INTRANASAL INFLUENZA VACCINATION IN SCHOOLS

FOR CHILDREN AGED 36 TO 59 MONTHS (3 AND 4 YEARS)

Why is it important for children under 5 years old to have a flu vaccination?

Prevention is vital to protecting children's health. The flu can be a serious illness in children under 5 years of age, leading to a large number of doctor's appointments and hospital admissions, some of them for severe cases.

Who should get the intranasal flu vaccine at school?

Flu vaccination is recommended for all children from 6 months to 5 years of age. The intranasal vaccine is designed for children from the age of 2 and has been incorporated into school programmes for children in the first and second cycles of early childhood education. These children will be vaccinated at school with the Fluenz intranasal vaccine. [Technical information at this link.](#)

What are the contraindications for the intranasal vaccine?

The intranasal flu vaccine is not suitable for children with the following conditions:

- Severe allergy to eggs or products derived from them.
- Serious immune system problems, whether congenital or caused by medical treatment.
- Long-term treatment with salicylates, whether oral or topical.
- Recent episodes of asthma, especially if these have occurred within three days prior to vaccination.

In these cases, an intramuscular vaccine should be administered at your regular health centre.

In addition, the use of the intranasal vaccine is not recommended for children who are in contact with anyone who is severely immunosuppressed, such as transplant recipients. However, it is crucial that these children are vaccinated to avoid infecting the immunocompromised person, using an intramuscular vaccine to reduce risk.

What are the side effects of the intranasal flu vaccine?

This vaccine **is safe** and has been used in several countries with good results. The most common reaction is nasal congestion, although there may be other symptoms such as loss of appetite or general discomfort. In case of fever or discomfort, the use of paracetamol is recommended.

Why is the flu vaccination given in schools?

Ensuring easy access to vaccination is essential. For many families, going to the health centre during working hours is difficult, so having the vaccination at school simplifies the process. Experience in other countries has shown that school vaccination is an effective strategy. In addition, the administration of the intranasal vaccine, which does not hurt, makes it an ideal option for this age group.

Where can I get more information?

For more details about the flu vaccination campaign for children in general and for the intranasal flu vaccine in schools you can:

- Visit Andavac's website about childhood flu at <https://www.andavac.es/vacunacion-antigripal-de-la-poblacion-infantil/>
- Ask your healthcare professional.